



Train-the-Trainer Program in healthcare ergonomics

Date: Thursday, March 29th 2012

Location: Boston Medical Center, 85 E Concord St, 4th Floor, Boston, MA 02118

Time: 7:30am - 4:00pm **Fee:** \$200

Increased computer usage in healthcare environments stemming

from EMR adoption has prompted a renewed focus on employee health and improved workstation ergonomics. While some individual cases are complex and require involving expert ergonomists, the majority of cases can be addressed proactively through simple workstation modifications and enhanced employee awareness.

Humanscale's Train the Trainer Program in Healthcare Ergonomics is a full-day program designed to enable in-house caregivers to perform competent ergonomic assessments for your organization.

Participants will learn to identify musculoskeletal risk factors, train employees on healthy working postures, and implement cost effective solutions. Key research developments in the areas of multi-user sit-to-stand computer workstations, seating design, lighting and display technology will be shared. Applied exercises throughout provide attendees with practical experience in helping employees adopt lower risk working postures. Upon completion of the course, attendees will be equipped with the tools required to remedy the majority of postural issues within traditional healthcare facilities.

Who Should Attend

- Occupational Health Nurses
- Safety Professionals

Following the Train the Trainer course, participants will receive certificate confirming completion of a full-day training program conducted by a board-certified Ergonomist.

For registration information please contact:

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What will be Covered

- *Methods and techniques for conducting workstation assessments*
- *Comprehensive review of common musculoskeletal risk factors*
- *Basic human anatomy*
- *Overview of common MSDs, symptoms, and causes*
- *Components of an ergonomically designed workstations*
- *Design considerations for standing work*
- *Design considerations for accommodating our aging workforce*
- *Safe patient handling*

How Your Organization will Benefit

- *Components of successful ergonomics programs*
- *Improved caregiver comfort*
- *Reduced risk of employee injury*
- *Less reliance on outside consultants*
- *Lowered costs associated with the treatment of MSDs*
- *Improved retention rates*
- *Enhanced patient experience*

This continuing nursing education (CNE) activity has been applied for 7 contact hours approved by the American Association of Occupational Health Nurses (AAOHN), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

